

MARCH 2023

Stewart News

District of Stewart Newsletter



District of Stewart is introducing a new emergency notification system, H2Notify!

H2Notify is an automated notification system that sends recorded and transcribed messages using phone, text, and email. The District of Stewart uses H2Notify to send notifications and provide direction during an emergency event. This service allows every registered number to be reached within minutes.

You will get notified of natural disaster warnings, such as tsunami, avalanche warnings, evacuation alerts and orders, warming centre activations, fire bans, District road closures and more.

Do I Have to Provide Both Email and Phone Number?

You have to provide an email address. If you do not wish to receive phone calls or text messages, you do not need to provide a phone number when self-registering. However, we strongly recommend providing a phone number to have the option to receive a phone call and/or text messages for emergency alerts.

To register, scan the QR code below and enter your information. Please note the password will need to have at least 6 letters, and contain at least 1 uppercase letter, 1 lowercase letter, 1 digit and 1 special character (!@#\$%&*() etc.).

If you require an assistance to sign up, please visit the District of Stewart main office or call 250-636-2251. For more information, visit our website: <https://districtofstewart.com/citizen-services/community-safety/emergency-preparedness>

If you or someone you know require extra assistance during an emergency, please call our office at 250-636-2251 to get on the Vulnerable Persons List.



Newsletter Highlights

WinterFest Recap

The "Whistling" Marmot

Stewart Social Calendar & Public Skate Schedule

DAYLIGHT SAVING

March 12 at 2am

STEWART WARMING CENTRE

is available at the arena for residents to warm up in case of emergency and during cold weather alerts.

Please contact 778-794-9987 and arrangements will be made to open the arena.

COUNCIL MEETING DATES

MARCH 13 & 27 - 7 PM

Meetings will be held in Council Chambers at 705 Brightwell Street.

2023 WINTERFEST RECAP



Thank you to Stewart Community Connections Society who hosted another amazing WINTERFEST, along with Stewart Oldtimers, Stewart Minor Hockey, Mount Raine Figure Skating, Canal Rock & Broom, Stewart Historical Society and Stewart Public Library.

A special thank you to everyone who came out and supported the groups!

ADVENTURESMART TRIP PLAN APP

Whether you are planning a hiking or camping trip in Summer or Winter, letting someone know where you have gone and when you expect to return is crucial. No one ever expects to get into trouble outdoors. But, a turn in the weather, mistake in judgment, unexpected injury, or equipment failure can quickly change any recreational outing into a crisis.

Using the AdventureSmart Trip Plan app, you can create trip plans and send them to your family and friends. It contains vital information to assist authorities searching for you in the event of an emergency. Remember that if no one knows you are missing, no one will be looking for you. The app can be downloaded in Apple App Store or in Google Play. For more information, visit: <https://www.adventuresmart.ca/trip-plan-app/>



COMMUNITY SERVICES - HOURS OF OPERATION

**** Hours are subject to change ****

Border Town Residents Society (Thrift Store)
720 King St (Old Pool Building)

Thursday 5 PM - 7 PM

Saturday 1 PM - 3 PM

Pat: 250-636-2767 / patriciagrue@hotmail.com

Bottle Depot

Thursday 5 PM - 7 PM (Old Pool Building)

Pat: 250-636-2767 / patriciagrue@hotmail.com

Food Bank Contact

To receive a monthly or emergency food box, please contact Pat at 250-636-2767

Stewart Community Connections
(613 6th Ave)

Community Meals Program- twice monthly meals/soups (or as needed)

Please call 250-636-2090 for more information

Golden Triangle Gym (613 6th Ave)
Open 365 days 24/7

STEWART MUSEUM / STEWART HISTORICAL SOCIETY (703 Brightwell St)
Monday & Wednesday - 11 AM - 4 PM

Stewart Public Library (222 5th Ave)
Monday to Friday: 1 PM - 5 PM

Transfer Station (1140 Sluice Box Rd)
Tuesday & Thursday - 12 PM - 6 PM
Saturday - 12 PM - 4 PM
See www.rdks.bc.ca for holiday hours



HAVE YOU HEARD OF THE "WHISTLING" MARMOT?

Marmots are the largest of the ground squirrels and are stocky rodents with bushy tails about a quarter the length of their body.

The coat of a hoary marmot can be highly variable in colour, but their shoulder, head and tail tend to be darker (brown to black) while their snout tends to be white with a patch between the eyes.

Marmots are herbivorous rodents that dig burrows for shelter. They are true hibernators and spend the winter in underground dens. In the fall, they need to increase their food consumption and gain weight for winter hibernation as they do not store food in their burrows. While well-adapted to digging with thick, long curved claws, yellow-bellied marmots can also climb trees. Hoary marmots weigh around 4.6 kg.



Depending on species and location, marmots can be preyed upon by many species including eagles, hawks, bears, cougars, bobcats, wolverines, coyotes and badgers. Young are often at risk of snake predation when their habitats overlap. Their diet consists mostly of grasses and forbs but they may also eat shrub leaves and insects.

Marmots breed shortly after emerging from their dens in early spring and a month later will give birth to two to eight young. Their offspring will stay with them until they are two years old. Marmots typically begin breeding when they are three or four years old and have a litter every other year.

Marmots are most often observed at dawn and dusk but are active throughout the day (diurnal). As they are prey for a number of species, they tend to stay close to the entrances of their burrows. They spend their days foraging, sunbathing, grooming and even dust-bathing. Marmots will often have a lookout that will sound an alarm if they feel threatened. The hoary marmot is also called the "whistling" marmot for their high-pitched and loud alarm. Marmots live in colonies of 10-20 individuals. Males will defend one to four mates at the same time. While females tend to remain with the maternal colony, males may leave to establish a new colony elsewhere.

To learn more about marmots in BC, visit <https://wildsafebc.com/species/marmots/>

THE INTERNET FAMOUS ONE POT FRENCH ONION PASTA

Ingredients

- 2 tbsp Butter
- 1 Large Yellow Onion
- 1/8 cup Sherry
- 1/4 cup White Wine dry
- 5 sprigs Fresh Thyme
- Salt and Pepper to taste
- 8 oz Rigatoni uncooked
- 3 cups Beef Stock or Broth
- 1 tsp Worcestershire Sauce
- 1/4 cup Parmesan Cheese
- 1/4 cup Half and Half



Instructions

- Melt butter in a large pot or dutch oven over medium heat. Thinly slice onion and add to dutch oven. Season with a generous pinch of salt. Stir then cover and cook for 5 minutes.
- Remove lid, turn heat to medium low, and cook until onions are very caramelized. Stir occasionally. This can take 20-45 minutes.
- Pour in sherry and wine. Deglaze by scraping up the brown bits at the bottom of the pan. Add sprigs of fresh thyme and season to taste with salt and pepper.
- Add uncooked rigatoni then pour in beef broth and Worcestershire Sauce. Bring to a boil and cook for about 15 minutes or until pasta is al dente.
- Turn off heat. Discard thyme sprigs. Stir in freshly grated parmesan cheese and half and half until well combined.
- Serve immediately. Serve with additional parmesan cheese.

STEWART SOCIAL CALENDAR



Scan the QR code and download the Stewart Social Calendar to keep up with all the exciting events and activities that are happening this year!

Or stop by the Stewart Library, Stewart Community Connections or the Old Firehall to grab yourself a hardcopy!



MARCH PUBLIC SKATE AND PRIVATE ICE RENTALS



Public Skate Schedule:

Friday, Mar 3	4:30 - 7pm	Sunday, Mar 5	4:30 - 7:30pm
Friday, Mar 10	4:30 - 7pm	Sunday, Mar 19	4:30 - 7:30pm
Friday, Mar 17	4:30 - 7pm	Sunday, Mar 26	4:30 - 7:30pm
Friday, Mar 24	4:30 - 7pm		
Friday, Mar 31	4:30 - 7pm		

Drop in: \$2/person (free for children under the age of 5).

Brand new skate helpers (Zamboni and Tommy, the Reindeer) are available for those who are just learning to skate! Please note that skate/helmet rentals are not available at this time.

Private Ice Rentals:

\$40/hour (additional \$100 for cleaning if kitchen is used).

For inquiries or bookings, email recreation@districtofstewart.com or call 778-794-9955.

MARCH EVENTS

- 4 1920s Speakeasy (Al Lawrence Memorial Arena)
Hosted by BV Grads
- 11 & 12 Skate-A-Thon (Al Lawrence Memorial Arena)
Hosted by Stewart Minor Hockey
- 15 Stewart Public Library Raffle "Terrace Night Out". Purchase tickets at the Library
Hosted by Stewart Public Library
- 29 Book Club Night for Adults @ 6pm (Stewart Public Library)
Hosted by Stewart Public Library

