

JANUARY 2023

Stewart News

District of Stewart Newsletter

Message From the Mayor

On behalf of myself and the rest of Council, I would like to wish everyone a very safe, joyful, happy and hopeful New Year full of opportunity.

Thank you to all our employees for their tremendous support and hard work. Working together, I know there are great things on the horizon for 2023.

I look forward to working with Council over the next 4 years on issues and initiatives that are important to Stewart residents, on a local level, regionally and provincially. I also look forward to working with residents, you all bring a wealth of ideas and perspectives. Together we can all make Stewart the best it can be.

Here's to 2023, may it be filled with opportunity and joy.

Thank you and Happy New Year!

Mayor Angela Brand Danuser

Message From the District of Stewart

The District of Stewart would like to thank everyone for a great 2022!

We look forward to working and completing the projects we currently have as well as working hard on the new projects for 2023.

Council will be hard at work in early January putting together their Strategic Initiatives for their term of council. These are exciting times!!!

The staff at the District eagerly await the new plan so we can delivery and present an Operating and Capital Budget to the Council and residents of Stewart that meets our mandate to maintain and improve Infrastructure and Essential Services to the community.

The Arena is now open and operating, with many exciting upcoming events for this Winter season!

Happy New Year and Welcome to 2023!



Newsletter Highlights

Where Are The Bears?

Stewart Historical Society AGM

Public Skate Schedule

STEWART WARMING CENTRE

is available at the arena for residents to warm up in case of emergency and during cold weather alerts.

Please contact 778-794-9987 and arrangements will be made to open the arena.

COUNCIL MEETING DATES

JANUARY 9 & 23 - 7 PM

Meetings will be held in Council Chambers at 705 Brightwell Street

SLEDDER SENSE- FREE WEBINAR

Thursday, January 12, 2023, 7 - 8 PM

This webinar on snowmobiling safety is hosted by AdventureSmart and Julie-Ann Chapman from She Shreds Mountain Adventures.

Topics that will be covered are:

- snowmobile safety gear
- pre-sled trip planning
- group dynamics
- sledding terrain
- reaching your destination (aka home)

To register, visit AdventureSmart.ca and click on Events or scan this QR code:



CHRISTMAS TREE DISPOSAL

Natural Christmas trees will be collected this month on residents' scheduled garbage collection day. Please keep in mind that trees must be free of:

- tree bags
- tinsel
- ornaments
- lights
- nails
- tree skirts
- stands

The District will not collect Christmas trees set out in plastic bags or tree bags. Trees should be clear of snow and ice and easily accessible for collection.

COMMUNITY SERVICES - HOURS OF OPERATION

** Hours are subject to change **

Border Town Residents Society (Thrift Store)
720 King St (Old Pool Building)

Thursday 5 PM - 7 PM

Saturday 1 PM - 3 PM

Pat: 250-636-2767 / patriciagruel@hotmail.com

Bottle Depot

Thursday 5 PM - 7 PM (Old Pool Building)

Pat: 250-636-2767 / patriciagruel@hotmail.com

Food Bank Contact

To receive a monthly or emergency food box, please contact Pat at 250-636-2767

Stewart Community Connections
(613 6th Ave)

Community Meals Program- twice monthly meals/soups (or as needed)

Please call 250-636-2090 for more information

Golden Triangle Gym (613 6th Ave)
Open 365 days 24/7

STEWART MUSEUM / STEWART HISTORICAL SOCIETY (703 Brightwell St)

Please contact for availability

Stewart Public Library (222 5th Ave)
Monday to Friday: 1 PM - 5 PM

Transfer Station (1140 Sluice Box Rd)
Tuesday & Thursday - 12 PM - 6 PM
Saturday - 12 PM - 4 PM
See www.rdks.bc.ca for holiday hours



WHERE ARE THE BEARS?

Following a phase of hyperphagia ("extreme eating") in the fall, bears go into hibernation using a den to keep them warm and protected.

What are bear dens?

Bears adapt to reduced food availability by sleeping away the winter in dens which are often located in the hollow trunks of trees or under windfalls. Bears will dig the cavity, often at a downward angle, with an entrance just big enough for them to squeeze through. They line the cavity with insulating materials. Black bear cubs of the year will return with their female parent to overwinter together once more. In the second year, the black bear cubs will disperse and lead mostly solitary lives until they themselves are mature enough to mate.



With grizzly bears, the cubs will overwinter an additional season. This can lead to cramped quarters when the male offspring are as large, if not larger, than the female parent! Grizzly dens are often at higher elevations and may be dug straight into a hillside. Snow that covers the den helps insulate the bears and conserve energy.

When do bears hibernate?

It varies by climate and food availability but generally occurs from late October in the northern parts of the province to early December in the mildest of climates. Remember, bears hibernate as an adaptation to reduced food availability. If bears are accustomed to accessing human sources of food, they may delay hibernation.

Hibernation, Torpor or Denning?

There is some debate as to whether which term is the best, but the reality is that bears undergo an amazing process that is impossible for humans. They go months without eating, drinking, urinating or defecating. They are able to recycle their waste products and do not lose bone mass. Their respiration and heart rates slow and their body temperature goes down slightly. Despite this slower metabolism, they still lose up to 30% of their body mass, mostly fat. Because a bear does not go into deep hibernation, they can still be roused. That is why some will suggest the more appropriate term is torpor – another fascinating mechanism many animals use to conserve energy. Some animals go in and out of torpor on a daily basis.

WINTER RECIPE - OLIVE GARDEN'S ZUPPA TOSCANA

Ingredients

6 oz bacon, chopped
 1 lb Italian Sausage, the "hot" variety
 1 medium head garlic, 10 large cloves, peeled and minced or pressed
 1 medium onion, finely diced
 4 cups chicken broth/stock (32 oz)
 6 cups water (48 oz)
 5 medium russet potatoes, peeled and chopped into 1/4" thick pieces
 1 kale bundle, leaves stripped and chopped (6 cups)
 1 cup whipping cream
 Salt and black pepper to taste
 Parmesan cheese to serve, optional

Recipe source: Natasha's Kitchen

Instructions:

1. In a large pot, add chopped bacon and sauté until browned (5-7 mins). Remove bacon and spoon out excess oil, leaving about 1 Tbsp oil in the pot.
2. Add Italian sausage, breaking it up with your spatula and sauté until cooked through (5 min). Remove to paper towel lined plate.
3. Finely dice onion and add to the pot. Saute until soft and golden then add minced garlic.
4. Add 4 cups broth and 6 cups water, and bring to boil. Add sliced potatoes and cook 13-14 min.
5. Add chopped kale and cooked sausage and bring everything to a light boil.
6. Stir in 1 cup cream and bring to boil. Season to taste with salt and black pepper then remove from heat. Garnish with bacon and grated parmesan.

STEWART MUSEUM / STEWART HISTORICAL SOCIETY



To our Members, Volunteers, Participants, and Partners,

THANK YOU

for contributing to our amazing and successful 2022!

From our entire team

WE WISH YOU ALL THE BEST IN 2023!

STEWART HISTORICAL SOCIETY Annual General Meeting

Date: February 9, 2023

Time: 7pm

Meeting location: Stewart Museum

STEWART COMMUNITY CONNECTIONS SOCIETY

THANK YOU

to the volunteers who helped to make all the Christmas events spectacular!
You help to make our community a wonderful place to live!

From the Boards of Directors and Staff at Stewart Community Connections Society



JANUARY PUBLIC SKATE AND PRIVATE ICE RENTALS

Public Skate Schedule:

- Friday, January 6 4:30 - 7pm
- Friday, January 13 4:30 - 7pm
- Friday, January 20 4:30 - 7pm
- Friday, January 27 4:30 - 7pm

Cost: Seasonal pass: \$15 per child (age 5-18) and \$30 per family (2 adults+2children). Drop in: \$2/person (free for children under the age of 5).

Brand new skate helpers (Zamboni and Tommy, the Reindeer) are also on their way to help those who are just learning to skate! Please note that skate/helmet rentals are not available at this time.

Private Ice Rentals:

\$40/hour (additional \$100 for cleaning if kitchen is used).

For inquiries or bookings, please email recreation@districtofstewart.com or call 778-794-9955

